

Evaluation of the Recommended Summary Plan for Emergency Care and Treatment (ReSPECT)

Information Sheet for Care Home Clinician (GP/nurse) Interviews

We would like to invite you to take part in our study and the following information tells you what is involved. Please read it carefully and get in touch with us if you have any questions, contact details are at the end of the document.

What is the aim of the study?

The aim of this study is to evaluate the use of a new process called the Recommended Summary Plan for Emergency Care and Treatment known as ReSPECT. This is being used in a care home where your practice provides clinical cover for residents. ReSPECT is designed to involve clinicians and residents in conversations about their wishes for medical decisions in the event of a medical emergency. The ReSPECT process involves having a conversation with an individual, in this case a care home resident, and documenting their preferences on the ReSPECT form. As an update to the study we will also investigate the role of the ReSPECT form and process during the COVID-19 pandemic and the experience of providing care to care home residents during the pandemic.

What happens if I take part?

In order to gain an understanding of how well the ReSPECT process and the form is working we would like to interview clinicians (GPs and nurses) and care home residents who have been through the ReSPECT process to understand how it is working.

We expect the interviews to last between 30-45 minutes. We will ask you some questions about the ReSPECT process including; your experience of undertaking conversations with residents about their preferences for emergency care; your experience of documenting the conversation on the form and your views on the process and form; we will also explore the impact of COVID-19 on ReSPECT and providing care to care home residents. The interview will take place over the phone or via a secure internet video platform at a time convenient to you. We would like to audio record the interview to get an accurate record of your views and experiences, we will check before the interview that you are happy for the recording to take place. Your name and any other identifying features will be removed when we transcribe (type up) the recording onto a computer.

The interviews may raise some difficult experiences in relation to providing care for care home residents, particularly during the COVID-19 epidemic. If you feel upset during the interview and do not want to continue the interview can be paused or stopped.

We are aware the challenge of managing patients during COVID-19 can cause additional distress and want to highlight that local primary care colleagues can provide support and signpost to local services such as IAPT (Independent Access to Psychological Therapies). However, the following resources are also available

- The Frontline website provides text or telephone support and links to a range of support services, <https://www.mentalhealthatwork.org.uk/ourfrontline/> or to contact them directly text FRONTLINE to 85258 or call 0300 171 7000 between 7AM and 11PM
- Samaritans telephone support line dedicated to NHS and social care workers, <https://www.samaritans.org/how-we-can-help/health-and-care/herelisten-support-line-nhs-people/>
- The BMA provide support for doctors and medical students, https://www.bma.org.uk/advice-and-support/your-wellbeing?gclid=Cj0KCQjwiYL3BRDVARIsAF9E4GcM9k4pyXS AZkzT2TdiMRB71jLykl4ko2QCaVS7O13-0Ervji1jkRQaAneMEALw_wcB

If you continue to experience distress do consider consulting with your GP.

Why have I been chosen to take part?

You have been chosen because the care home that your practice covers is participating in the evaluation and you are one of the clinicians who has completed the ReSPECT process with a resident. The interviews and evaluation are being undertaken independently by the research team at University of Bristol who are part of NIHR ARC West*, the care home and the resident will not be able to see what you have said in your interview.

Do I have to take part?

It's up to you to decide whether to take part in the interview. If you decide to take part you are free to withdraw at any time without giving a reason by contacting the research team. If you decide during, or soon after your interview, that you would rather not take part, we can withdraw and destroy the interview recording but we are only able to do this prior to the interview being transcribed (typed up) and anonymised, approximately 2 weeks after the interview takes place.

What should I do if I want to participate?

There are two ways to let us know, either:

1. Contact us directly using the information at the end of this information sheet OR
2. Please let the care home manager or coordinator who forwarded this information sheet and advise them that you are happy to be contacted by us, please pass on your contact details to the care home manager.

What will happen to the results of the study?

We will produce a report for policy makers, a paper for publication in a health care journal and we will also present the findings at conferences. We may use quotes from interviews to illustrate our findings but all personal and identifying information will be removed to ensure confidentiality.

Is the study confidential?

Everything you say is confidential unless you tell us something that indicates you or someone else is at risk of harm. It is possible that an interview might raise concerns about clinical and care practices. The researcher will discuss their concern with the research team's clinical lead who will consult with relevant authorities. We will contact you before taking any action. The University of Bristol is the sponsor for this study based in the United Kingdom. We will be using information from you in order to undertake this study and will act as the data controller for this study. This means that we are responsible for looking after your information and using it properly. The University of Bristol will keep identifiable information about you until the study has finished.

Storage of all data, including the audio recordings, will comply with the General Data Protection Regulation (2018) and Bristol University's data protection policies. Data collected is anonymised and no individuals will be named or identified in any reports or publications from the study.

Any identifiable information, used by the research team for administrative purposes, will be securely stored and destroyed after the study has finished. Anonymised typed transcripts of the interviews which do not contain identifying features will be securely archived for 10 years on University of Bristol premises, with the Chief Investigator, Dr Jon Banks, as Data Custodian. The original recordings will be deleted at the end of the study.

Your rights to access, change or move your information are limited, as we need to manage your information in specific ways in order for the research to be reliable and accurate. If you withdraw from the study, we will keep the information about you that we have already obtained. To safeguard your rights, we will use the minimum personally-identifiable information possible.

You can find out more about how we use your information at <http://www.bristol.ac.uk/red/research-governance/researchintegrity.html> or by contacting the research governance team at research-governance@bristol.ac.uk

Who is funding this study? Who has reviewed it?

The research is jointly funded by the NIHR ARC West and West of England Academic Health Science Network, it is sponsored by the University of Bristol. The study has been reviewed and approved by the NHS Social Care Research Ethics Committee and the Health Research Authority.

Data sharing

We will deposit the anonymised interview transcript in the University of Bristol Data Repository where it will be made available to other researchers. All requests for access to the transcription will be assessed by the University of Bristol Data Access Committee to review whether they are authentic research requests.

How to make a complaint

If you have any concerns about any part of the study please contact the senior researcher, Jon Banks, email Jon.Banks@Bristol.ac.uk

Research team: Jon Banks Jon.Banks@Bristol.ac.uk
Jo Kesten Jo.Kesten@Bristol.ac.uk

**NIHR ARC West* is the National Institute for Health Research Applied Research Collaboration West
<https://arc-w.nihr.ac.uk/>

Thank you very much for taking the time to read this information leaflet
Please get in touch if you have any questions