

# Why is my child different?



Many parents notice their child behaving differently from other children in the way they communicate and socialise.

For example:

- They don't make eye contact
- They don't talk to or mix with other children
- They run away and don't listen to their parents

It can be frustrating and overwhelming when your child behaves this way. But it doesn't mean they are naughty or bad. You are not a bad parent. You need to understand why they're doing this.

## Help is available

If you notice any of these signs it's important to speak to a health professional. Here in the UK you can speak to a GP, health visitor or staff at Early Years Centres. You may feel scared of what you will be told. It may be autism and it might not be.

It's important to seek professional help early so that:

- You can learn how to help your child progress
- You will find other families who understand what you're going through
- Your child will benefit so much from early support

## Top tips:

1. Understand what makes your child different
2. Record over a period of time what makes your child different by filming or keeping a written diary
3. Then contact a doctor or health visitor and share your concerns and evidence



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Produced in collaboration with Autism Independence

# Muxuu ilmahaygu u duwanyahay



Walido badan ayaa dareema in ilmahoogu u dhaqmo sikaduwan caruuraha kare, sida ay uhadlaan, dadka udhex galaan, sida oo kale,

- indha ha dadka kama eegaan
- dadka lama hadlaan ama madhex galaan
- wayka cararaan oo waalidkood madhagaystaan

Waa wareer iyo culays marka ilma haagu sidaa udhaqmo. Macneheedu ma aha ilmuhu waa qalqaali ama wuu xunyahay. Wa in aad fahanto waxa ay sidaa ugu dhaqmayaan.

## Caawimo way jirtaa

Calamadaha hadaad aragto wa in aad xidhiig la samayso khabiirada caafimaadka. Dalka Ingriiska waxa aad la hadli kartaa hayada caa fimaadka, iyo shaqaalaha xanaanada barbaarta. Waa lagayaabaa inaad ka baqato waxa ilmahaaga lagaaga sheegidoono, waxa laga yaaba in ay autism noqoto ama aanay noqon.

Waa mihiim in aad bahda caafimaadka talo waydiisato si aad:

- ilmahaaga u caawin karto
- Ubarato reero kale oo maraya marxaladaada
- ilmahaagu wuu kafa iidaya caawimada uu helo goor hore.

## Talaaboyin faa ido ah:

1. Fahan ilma haagu waxa uu uduwan yahay
2. Duub ama qor ilma haagu waxa uu uduwan yahay
3. Dabadeedna la xidhiidh bahda caa fimaadka, asiga oo tusaya waxa aadubtay ama qurtay



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Waxa anu wada samaynay  
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